

The 40 Developmental Assets were assessed in June, 2005 using the survey *Me and My World*. 86% of the children surveyed in our community report that they experience the asset **Family Support**.

**Asset #1: Family support—Family life provides high levels of love and support.**

*Consider this . . .*

A supportive family can serve as a base camp of sorts: a place you know is always there when you need to rest, reflect, retreat, or revive your spirit. Seventy percent of youth surveyed report that they have this foundational resource.

*Try this . . .*

- Use and expect courtesy and respect for family members in public and at home.
- Start family traditions and rituals such as family service, game nights, seasonal outings, or family meetings.
- Prepare and eat a meal together weekly as a family.
- Find lots of ways to show your family members that you love them: leave notes where they will find them, do a chore that isn't your responsibility, give hugs, be kind to one another.

From *Get the Word Out: Communication Tools and Ideas for Asset Builders Everywhere*.

Copyright © 2003 Search Institute, 800-888-7828, [www.search-institute.org](http://www.search-institute.org). To learn more about our local initiative contact: Pulaski Community Partners Coalition, [www.aboutpcpc.org](http://www.aboutpcpc.org), 980-3228.