

Article#34

The 40 Developmental Assets were assessed in June 2005 using the survey *Me and My World*. Of the children surveyed in our community, 85% report that they experience the asset *Integrity*.

Asset #28: Integrity—Parent(s) tell the child it is important to stand up for one’s beliefs.

Consider this . . .

In order to have integrity a person needs to know what he or she believes in and needs to have the skills to act on those beliefs. It also helps to know that you have support from people around you.

Try this . . .

Adults:

- Talk with young people about your beliefs and times when you have (or haven’t) stood up for those beliefs.

Youth:

- Write down what you believe. Post it where you will see and read it often.
- Tell your friends what you believe and what you stand for.
- Read biographies of people who are known for their integrity.
- Connect with like-minded people for support and to maximize your influence.

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